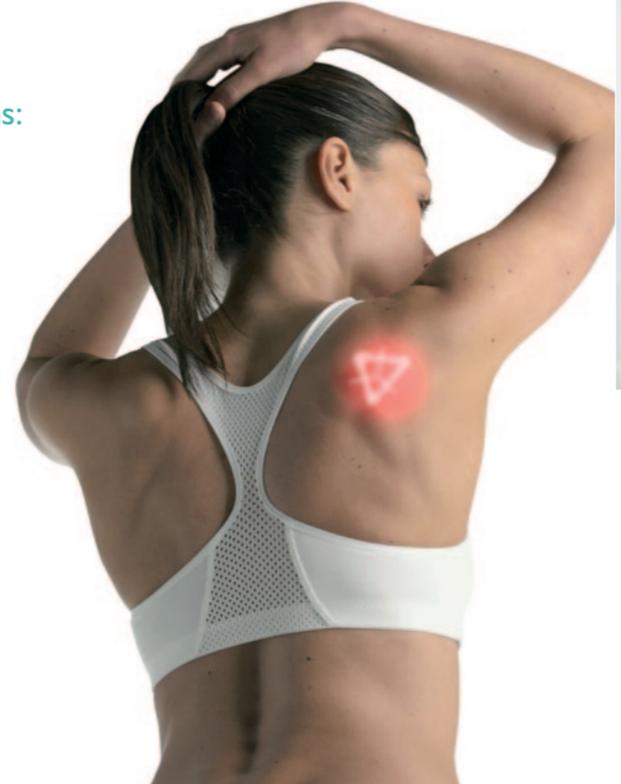


MLS® Laser Therapy – feel the difference:

Safe, non-invasive and painless treatment – for the reduction of pain, swelling and inflammation.

Useful for the following conditions:

- ❖ Muscle spasm and pain
- ❖ Arthritis
- ❖ Sprains & strains
- ❖ Back pain
- ❖ Hip pain
- ❖ Knee pain
- ❖ Sciatica
- ❖ Bursitis
- ❖ Tendonitis
- ❖ Haematoma and oedema
- ❖ Sports injuries



Ask us for details about Laser Therapy

And get back to doing what you love



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Active Podiatry

Unit 3 Ladysden Farm, Winchet Hill, Goudhurst, Cranbrook, Kent TN17 1JX



With laser therapy



MLS® Laser Therapy – why?

Everyone will experience muscle and joint pain at some point in their lives. We understand the importance of reducing your pain quickly and effectively to get you back to your best.

MLS® laser therapy offers fast and effective relief:

- ❖ **FAST TREATMENT TIMES**
from 3-10 minutes
- ❖ **REDUCED NUMBER OF SESSIONS**
in many patients the reduction in pain can be felt within minutes
- ❖ **SIMULTANEOUS ACTION**
marked reduction in pain, swelling and inflammation



How does it work?

Laser therapy involves directing Laser light energy into inflamed or damaged tissues to accelerate the body's natural healing process.

The laser is placed in direct contact with the skin which enables light photons to penetrate the tissue and interact with molecules within the cells to cause several biochemical effects.

What to expect:

After a full clinical assessment of your condition, we will tailor make a treatment protocol just for you.

The number of sessions you will require will depend on the condition - this will be discussed in your initial appointment.

Treatments are quick and painless and often you will feel the results during the first treatment. For chronic conditions it may take a few sessions for you to feel the effects, but the cellular benefits will be immediate!



Laser has the following effects:

- ❖ Inhibits the sensory nerve impulses associated with pain
- ❖ Decreases inflammatory cells
- ❖ Relaxes muscle spasm immediately
- ❖ Increases vascular supply and restores normal blood flow
- ❖ Provides energy for the cells within the tissue allowing them to repair

This promotes healing and helps speed the recovery process

